Unit 10 □□□□□

10.1

□□□□ energetic, decline=sink, keep fit / healthy, job burnout, run down, sub-health, bloom, in/out of form,

□□□□□□v.□□□□□□□□□n.□□□□□□□□□□□□□□vi.□□/□□□□□□□□□/□□□

not feel oneself, physical and mental health, physically and mentally exhausted, fade away

□□□□□□□□□□□□□□□□□□□□v.□□□□

□□□□□□□□ overweight, disabled, affect, suffer, symptom, sharp, severe, confirmed / suspected case, side effect,

□□□□□□□□□v.(□□)□□□v.□□□n.□□□□□□□(□)□□□□□□□□/□□□□□□□□□□

infection, lame, choke, sneeze, swell, twist, abnormal, acute, dizzy, unconscious, faint, depression

n.□□□v.□□□v.□□□□□□□□□v.□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□n.□□

□□ factor, pressure=stress, risk, emotional, mental, physical, psychological, diet, weight, cigarette, tobacco, virus,

□□□□□□□□□□□□□□□□□□□

sour,

v.□□/□□□□□□□□□□□□□□□□□□□□□□□□□/□□□□□□□□□□□□□□□□□□□

decline

1.An increase in cars has resulted in the decline of public transport.

2. Industry in Britain has been in decline since the 1970s._____

3. Her health was declining rapidly._____

4.I offered to give them a lift but they declined._____

5.Official figures show_____□□□□in the number of foreign tourists.

6.Thankfully the smoking of cigarettes is_____□□□□□□.

❖ **risk**

case

1.The company only dismisses its employees in cases of gross misconduct.___

2.It is simply not the case that prison conditions are improving.

3.The museum was full of stuffed animals in glass cases._____

4.The most serious cases were treated at the scene of the accident.

5.There’s no point complaining now-we’re leaving tomorrow_____□□□□□□.

6. You probably won’t need to call-but take my number, just □□□□□□.

7._____□□□□□□fire□ring the alarm bell□

8.-I’ve made up my mind.

-_____□□□□□□□□□there’s no point discussing it.

9.Today, we'll discuss a number of cases_____beginners of English fail to use the language properly.

1.Patients should be made aware of the risks involved with this treatment._____

2.We don't want to run the risk of losing their business._____

3. You have no right to take risks with other people's lives._____

4. If we go to war, innocent lives will be put at risk._____

5.We've been advised not to risk travelling in these conditions.

6.They knew they risked_____(arrest).

7.He_____□□□□□□□□□at her furious face.

ease easy feel at ease

1.The ease with which she learns languages is astonishing._____

2.In his retirement, he lived a life of ease._____

3.The plan should ease traffic congestion in the town._____

4.She eased herself into a chair._____

5.Ramps have been built to ease access for the disabled._____

6.It would _____□□□□□□to know that she was settled.

relief relieve

1.We all breathed a sigh of relief when he left._____

2.Such a self-help programme provides lasting relief of suffering.

3. Being able to tell the truth at last seemed to relieve her._____

4. We played cards to relieve the boredom of the long wait._____

5.The new secretary will relieve us _____ some of the paperwork.

6._____□□□□□□□□□□□the car was not damaged.

serve vi. vt.

1. In the 18th and 19th centuries, for most English people, a large supper

wasn't usually served until seven o'clock in the evening. _____

2.All recipes in this book, unless otherwise stated, will serve four to five

people._____

3. Recently I dined at a "dark restaurant", where people eat in complete

darkness, _____□□□□by blind staff.

4. Minor was an American surgeon who had served in the Civil War and was now living in England. _____

5.The Leisure Centre will serve the whole community._____

6. It is a two-foot-high horse and serves as the guiding eyes of Shaw, who is blind. _____

7.My training as a future teacher during my college has □□□□□□□□all my life.

serve the interests of

8. *The Travels* of *Marco* Polo served to bring knowledge of Asia to the

West._____

pour

1.Although I poured it carefully, I still managed to spill some._____

2.Thick black smoke was pouring out of the roof._____

3.I've poured a cup of tea for you._____

4.The rain continued to_____□□□□□□.

5. Commuters came pouring out of the station._____

6.The government has poured millions into the education system.

7.When it rains, it pours.

_____

treat cure

1.Treat your keyboard with care and it should last for years._____

2.I decided to treat his remark as a joke._____

3.The condition is usually treated with drugs and a strict diet._____

4.It is treated with acid before being analyzed._____

5.Chinese people treat their guests with a big meal._____

6.He took his son to the cinema, as a birthday treat._____

7□□□□□□□_____

course

1□Chinese Calligraphy□□□□is one of the many optional courses offered to students who are interested in traditional art._____

2.The pilot avoided a collision by changing the course._____

3.In the United States, it is custom to have salad before the main course at dinner,not after.

_____

4. Vietnam is trying to decide on its course for the future._____

5.In the course of the conversation, it emerged that they were from the same city._____

6. In July comes the Tour de France, when 200 cyclists cover a course of 2,000 miles.

_____

Part 3 □□□□

□□□□□□□□□□□□□□□□

1.I love strawberries,but they_____ me.

□□□□“□□□”□□□□□□ not agree with□

I completely **agree with** your analysis of the situation.

The humid summer here really doesn’t **agree with** my grandmother.

The evidence given by the two witnesses did not **agree with** each other.

She has a very **agreeable personality**, which makes her easy to work with.

Our trip was wonderful, thanks to the **agreeable weather** and beautiful scenery.

2.I_____eating the same dishes every day.

□□“□□”□□□□□□□ get fed up with□□□□□□□□□□□□

3.If you_____all the food which is on the plate, you are paying a compliment to the chef.

“□□”□□□□□□□ eat up□

4.There's not much to eat in the fridge. Should I_____a pizza?

□□“□□□”□□ send out for□

5.If guests wish to_____,there are several reasonably priced local restaurants.

□□□“□□□□”□□ eat out□

6.I have put on weight recently, so I decide to_____and cut down on fatty foods.

□□“□□”□□ go on a diet□

7.You helped me a lot. Let me_____you_____a meal to express my thanks.

“□□”□□□□ treat…to□

8.There are several kinds of drinks in the fridge. Please

them.

□□□□“□□□□”□□□□ help oneself to□□□□□“you”□ help yourself to□

participate in　　compete against　　hold one’s breath

win possession of　　set the record　　take the lead　　in good shape

9.Lionel Messi, having_____ for the most goals in a calendar year,is considered the most talented football player in Europe.

□□□□“□□□□”□□ set the record□

10.He welcomed the chance to_____professional athletes.

□□“□□□□□□□□”□□ compete against□

11.Netherlands started playing well again and_____the ball.

□“□□□□□□□”□□ win/gain possession of□

She is **in possession of** a great fortune.

The rare stamp is **in the possession of** a private collector.

We can **take possession of** the new house on Friday.

Please make sure you have all your **possessions** when you leave the train.

12.Tim is_____physically even though he doesn't get much exercise.

□□□□□□□□□□ in good shape□

13.After_____for as long as he could underwater, Andy came up for air.

“□□□□”□□ hold one's breath□

14.Shooting returned to the Olympic Games in 1932, and women were first allowed to_____the competition in 1968.

□□“□□□□”□□ participate in□

15.Near the end of the race,he_____and finally won it.

□“□□□□”□□ take the lead□

Useful Expressions

be rushed to hospital □□□□□□□

slim down quickly □□□□

keep regular hours □□□□

seasonal fruit and vegetables □□□□

the sweet and mild flavor □□□□□□□

melt in the mouth □□□□

Sentence Patterns

1□The nurse applied pressure to hisarm to stop the bleeding□□□□□□□□□□□□

2 □ Teenagers should get plenty of exercise to enhance healthy bodies□□□□□□□□□□□□□□□

3. Cooking together gives us a chance/an opportunity to relax and catch up on each other's days□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□

4.One mouthful of comfort food takes us back to our culturaI roots,giving us the "taste of home□.□□□□□□□□□□□□□□□□□□□□□□□□□“□□□□”□

5 □ The delicious smell soon reaches my nose and my mouth starts to water□□□□□□□□□□□□□□□□

□□□□□□□□□□□□□

1□□□□□□□□□□□□□□□□□□□

_____

7□□□despite□regard)

_____

_____

8□□until□challenge□

_____

□□ 14 □□

trace

If you trace the origin or development of something, you find out or describe how it started or developed.

She could trace her family tree back to the 16th century.

disappear without a trace

A chore is a task that you must do but that you find unpleasant or boring. p.40

air travel; by air

If a broadcasting company airs a television or radio programme, they show it on television or broadcast it on the radio.

If you air a room or building, you let fresh air into it.

If someone is on the air, they are broadcasting on radio or television. If a programme is on the air, it is being broadcast on radio or television.

The room had an air of luxury.